



### Motor Skills Worksheet (18-24 Months)

Child's Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_

Screening Site: \_\_\_\_\_ Date of Screening: \_\_\_\_/\_\_\_\_/\_\_\_\_

#### Gross Motor Skills: 18-24 months

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- Walks easily, minimal falls
- Transitions easily between a wide variety of play positions
- Sustains squat to play, can crouch and return to standing easily
- Begins to jump with two feet
- Actively engages in play with adults and peers, examining, carrying, and manipulating toys
- Navigates around/over obstacles, manages climbing
- Will play ball with an adult, beginning to catch
- Attempts to kick
- Briefly stands on one foot
- Enjoys active play, on the go, and will try new elements happily; may need adult support

#### Red Flags for Gross Motor Development (18-24 months)

- Body/movements appear stiff or floppy
- Creeping primary mode of mobility; not walking or still cruising
- Uses limited variety of play positions, prefers stationary play
- Not attempting to jump
- Not actively engaging in ball play with caregivers or peers
- Avoids crowded situations
- Needs support to move from sitting or lying to standing
- Unable to maintain a squat position while playing
- Fearful of climbing or exploring, requires significant adult assistance

Observations:

## Fine Motor / Sensory Skills: 18-24 months

OT    F    Refer

- Uses both hands together/crossing midline
- Turns pages of a book, 2 or 3 at a time
- Scribbles
- Plays actively with caregivers in familiar games
- Starts to hold a crayon with his/her fingers, usually with his/her hand at the top of the crayon
- Puts large shapes into a shape sorter
- Working on feeding themselves independently (beginning to use utensils)
- Tolerates messy play
- Enjoys exploring textures and materials
- Anticipates routine and familiar activities
- Tolerates new tasks/experiences with support
- Food repertoire is increasing, tolerates a variety of textures

### Red Flags for Fine Motor Development (18-24 months)

- Not interested in scribbling
- Uses only one hand/not crossing midline
- Cannot feed herself
- Minimal engagement in play with caregiver or peers
- Not participating in dressing
- Excessive mouthing, drooling
- Unable to calm once upset; head banging; minimal tolerance of transitions even with support of familiar CG
- Minimal food repertoire/eats only certain textures
- Dislikes hands being messy, gets quite upset
- Crashes into peers or obstacles, excessive seeking rough play

Observations: