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Engaging Practices:
Strategies That Integrate
Academic Content and SEL

Target Audiance: Older Elementary, Middle, High School

SEL in ACTION

Engaging Strategies are instructional practices that you may use throughout your class to help students practice SEL skills. They can vary in complexity and length and are designed to help students to intentionally practice what they are learning academically while also strengthening SEL skills.

Select-Reflect-Connect

- Number popsicle sticks or Ping-Pong balls, doubles of each. Place in Jar or fishbowl in a centralized area of the classroom.
- Prompt students to select a number at the start of the activity.
- Present a question, quote, topic, image or song for student reflection. 3-5 minutes of reflection.
- Prompt students to connect with a classmate with a corresponding number. If uneven, allow groups of three.
- Students will share their reflection with a peer and regroup for whole class discussion.
- Pairs will share findings together during whole group discussion.
- This activity can be used multiple times throughout the lesson.
- ***Voice & Choice Modification:*** Students develop and submit the questions, themes, songs for the daily activity. Students can sign up to lead the activity and discussion that follows.

   SEL skills: Relationship skills, social awareness, self-management, responsible decision-making

Gallery Walk

Supplies: Chart Paper, markers

Purpose: Collaboration, share ideas and/or respond to meaningful questions, learn from each other

Process:

1. Questions/Prompts: create a variety of questions/prompts and write on a piece of chart paper and hang or place on tables around the room to create different stations
2. Group students into teams (about 4-6) and have them all start at a different station
3. At each station, groups will read what is posted and work as a group to respond to the question/prompt. (If it would be helpful for your students, you could assign 'leaders' at each station)

   SEL skills: Relationship skills, social awareness