

SUGGESTED PLAYROOM LIST

The toys and materials are the medium in which children express themselves. These thoughtfully selected items serve an important role in child-led play and should be chosen carefully.

Below are general guidelines to follow when selecting playroom items.

- Toys should provide variety in choice of expression
- Toys should be durable
- Toys should not be complex
- Toys should allow reality testing of limits
- Toys should allow development of positive self-image as well as self-control

Toys selected should include a range from three main categories: Aggressive, real-life/nurturing, and creative. Below are some suggestions to consider in setting up your playroom.

Baby dolls (varied ethnicities)	Building blocks – wood or foam (different shapes and sizes)
Doll furniture	Play-Doh or clay
Baby accessories (blankets, bottles, clothes, tub, etc.)	Vehicles (police car, fire truck, school bus, ambulance, truck, car, boat, etc.)
Kitchen/kitchen accessories	Tubes of zoo animals, farm animals, etc.
Etch-A-Sketch	Telephones (cell phones) (two)
Crayons, colored pencils, markers, plain paper	Soft balls (large and small)
Pounding bench and hammer	Medical doctor/vet kit
Rubber snake, alligator	Foam bat with ball
Magician's wand	Musical instruments
Play money and cash register	Crayons, markers, etc.
Construction paper	Plain copy paper
Tinkertoys	Scissors

Material adapted from Landreth, G.L. (2002). Play therapy: The art of the relationship. (2nd ed.). New York: Brunner-Routledge.