



# EARLY CHILDHOOD MENTAL HEALTH SOCIAL AND EMOTIONAL SUPPORT & SERVICES

NYS Council on Children and Families



**Council on Children  
and Families**





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## Introduction

As the American Rescue Plan Act Child Care Stabilization funds for child care providers start to rollout, it is important to know that these funds can be used for mental health and social and emotional services for staff and children in care. This document is intended to facilitate easier identification of available Early Childhood Mental Health/Social and Emotional services and supports. Please note that it is not all inclusive and will be updated as new information and resources become available.

Each service is categorized, with a brief description of the service, cost, expected duration and contact information for additional details. The categories include:

1. Mental Health Consultation
2. Coaching
3. Reflective Supervision
4. Early Childhood Technical Assistance
5. Training
6. Other

Please note that for training services it is indicated whether the service participates in **The Aspire Registry** (<https://nyworksforchildren.org/the-aspire-registry/learn-more/>) and the **Educational Incentive Program** (<https://www.ecetp.pdp.albany.edu/eip.aspx>).

**The Aspire Registry** is an online system that provides child care providers with access to a free online professional portfolio that captures the individual's education, employment and professional development in one place. The Aspire Registry also enables providers to find quality trainings that are presented by credentialed and verified trainers and allows New York State Office of Children and Family Services (OCFS) training credit to be given.

The **Educational Incentive Program** (EIP) is a scholarship program that helps child care providers pay for training and educational activities, with the intent to build provider knowledge, skills, and competencies to improve the quality of child care. To be eligible for EIP, child care providers must be required to take training and must be caring for children in a program regulated by NYS OCFS or the New York City Department of Health and Mental Hygiene (NYC DOHMH).

## Mental Health Consultation

### Infant Toddler Mental Health Consultation (ITMHC) Project

The ITMHC Project aims to create a cross-systems, state-wide model of quality infant toddler mental health consultation that will ensure a high level of positive impact with long-term, sustainable improvement in the mental health of New York State's infants and toddlers (ages birth to 3 years old). ITMHC is a partnership between a mental health professional and an early childhood professional or program that is rooted in relationship-based practices, aims to improve the child's social, emotional, and behavioral health and development, and uses skill- and relationship-building efforts with the adult(s) in the child's life. The ITMH Consultants do not provide direct therapeutic services to children or families in this role.

Infant and Early Childhood Mental Health Consultation (IECMHC) is offered throughout the state at various Child Care Resource and Referral (CCR&R) agencies, please visit <https://earlycareandlearning.org/itmhc/> for a complete list of ITMHCs in your region. There is no cost for this service and the duration of the service varies by program need/request. The audience for this service can be Individual staff/leader, Child Care Staff, Family Child Care, Group Family Child Care, or Center Based Child Care. This service is offered in virtual, hybrid and in person formats.

**Contact Information:** ProAction/Child Care Aware of Steuben and Schuyler, Lyndsay Zastawny, 607-776-2125 ex 7115, [Zastawnyl@proactioninc.org](mailto:Zastawnyl@proactioninc.org), [www.proactioninc.org/ccca](http://www.proactioninc.org/ccca)

**Counties:** Schuyler, Steuben

**Contact Information:** Child and Family Resource, Inc. Mirandia Pipher (315-536-1134) [mpipher@fcsfl.org](mailto:mpipher@fcsfl.org), <https://cfr.clubexpress.com/>

**Counties:** Ontario, Seneca, Yates

**Contact Information:** Child Care Resource Network, Sheila Tumiel, (716-877-6666), [stumiel@wnychildren.org](mailto:stumiel@wnychildren.org), [www.wnychildren.org](http://www.wnychildren.org)

**Counties:** Chautauqua, Erie, Niagara, Cattaraugus, Wyoming, Orleans, Genesee, Allegany

**Contact Information:** Child Care Council of Nassau, Inc., 516-358-9250, [info@childcarenassau.org](mailto:info@childcarenassau.org), [www.childcarenassau.org](http://www.childcarenassau.org)

**Counties:** Nassau, Suffolk

**Contact Information:** Child Care Council of Nassau, Inc. Chanel Rigby, MSW, (718-398-6738), [crigby@cdscnyc.org](mailto:crigby@cdscnyc.org), Child Care Council of Nassau, Inc., [www.cdscnyc.org](http://www.cdscnyc.org)

**Counties:** New York City

**Contact Information:** Child Care Council, Inc., Rose Shufelt, (585-654-4720), [r.shufelt@childcarecouncil.com](mailto:r.shufelt@childcarecouncil.com), [www.childcarecouncil.com](http://www.childcarecouncil.com)

**Counties:** Livingston, Monroe, Wayne

**Contact Information:** Family Enrichment Network.

Tessa Stacy, (607) 723-8313, [tstacy@familyenrichment.org](mailto:tstacy@familyenrichment.org), [www.familyenrichment.org](http://www.familyenrichment.org)

**Counties:** Broome, Chenango, Tioga

**Contact Information:** Brightside Up, Kim Polstein (518-426-7181 ext.312), [Kpolstein@brightsideup.org](mailto:Kpolstein@brightsideup.org), [www.brightsideup.org](http://www.brightsideup.org)

**Counties:** Franklin, Clinton, Essex, Hamilton, Warren, Washington, Fulton, Saratoga, Montgomery, Schenectady, Rensselaer, Otsego, Schoharie, Albany, Greene, Columbia, Delaware

**Contact Information:** Child Care Council of Westchester, Inc. Susan Panarella (914) 761-3456, Ext. 224), [Susanp@cccwny.org](mailto:Susanp@cccwny.org), [www.ChildCareWestchester.org](http://www.ChildCareWestchester.org)

**Counties:** Sullivan, Ulster, Dutchess, Orange, Putnam, Westchester, Rockland

**Contact Information:** Child Care Solutions, Duquinha Thompson (315-289-5614), <https://childcaresolutionscny.org/>

**Counties:** St. Lawrence, Jefferson, Lewis, Herkimer, Oswego, Onondaga, Cayuga, Oneida, Madison, Tompkins, Cortland, Chenango, Tioga, Broome

**Contact Information:** Child Care Council of Suffolk, Inc. Joan Rocchetta (631-462-0303) [jrochetta@childcaresuffolk.org](mailto:jrochetta@childcaresuffolk.org), [www.childcaresuffolk.org](http://www.childcaresuffolk.org)

**Counties:** Suffolk

## Early Childhood Mental Health Consultation (ECMHC) Program

Early Childhood Mental Health Consultation (ECMHC) program provides:

1. Consultation on Early Childhood Mental Health and Social-Emotional Development – Provision of programmatic, classroom and child-specific consultation by mental health specialists, typically licensed social workers sometimes paired with special educators aimed at building the capacity of the teachers and caregivers.
2. Service Referrals – Supporting staff to arrange appropriate service referrals for young children and their families experiencing post-traumatic stress and other developmental and mental health issues.
3. Programmatic Consultation – Support to program directors in developing individualized training and consultation services for their respective programs. Support to family workers in developing parent outreach activities and parent training/guidance sessions.
4. Intensive Training in Early Social-Emotional Development and Classroom Management – Delivery of six days of training by ECMH consultants using the evidence based Incredible Years' Incredible Beginnings curriculum as well as other foundational principles of infant health.

This service is offered in virtual, hybrid and in person formats.

**Contact Information:** New York Center for Child Development, Michael Brown (212-752-7575),  
Michael.brown@nyccd.org, <http://nyccd.org>

**Counties:** Dutchess, New York City

**Audience:** Large Group (more than 24 participants), Small group (less than 24 participants), Individual staff/leader, Parents/guardians, Child Care Staff, Family Child Care, Group Family Child care, Center Based Child Care, Legally Exempt

**Cost:** The cost of mental health consultation is \$175 per hour. Included in the cost is the consultant and access to readings and resources the consultant provides.

**Duration of support/service:** ECMHC provided for one school year. 4-8 hours of weekly consultation depending on the size of the program is recommended. This can be coupled with six days of professional development.

## Coaching

### Classroom Coaching

**Classroom Coaching** is a relationship-based process designed to build skills with a focus on goal setting. Coaching includes on-site meetings between coach and coachee - conversations about shared goals and plans for action - observations and support strategies to assist teachers with professional development (planning, delivering, or evaluating instruction) - delivering and developing new materials - sharing resources and providing supportive feedback. This service is offered in virtual, hybrid and in person formats. When a coaching plan is used the coachee can count coaching as part of their annual training hours.

**Contact Information:** Child Care Council, Inc., Rose Shufelt (585-654-4720) [r.shufelt@childcarecouncil.com](mailto:r.shufelt@childcarecouncil.com)  
[www.childcarecouncil.com](http://www.childcarecouncil.com)

**Counties:** Livingston, Monroe, Wayne

**Audience:** Individual staff/leader, Child Care Staff, Family Child Care, Group Family Child Care, Center Based Child Care

**Cost:** Varies

**Duration of support/service:** 3 months-6 months (will re-evaluate need at the end of each coaching cycle)

**Contact Information:** Family Enrichment Network, Jennifer Perney (607- 723-8313 ext. 872)  
[jperney@familyenrichment.org](mailto:jperney@familyenrichment.org)  
[www.familyenrichment.org](http://www.familyenrichment.org)

**Counties:** Broome, Chenango, Tioga

**Audience:** Large Group (more than 24 participants), Small group (less than 24 participants), Individual staff/leader, Child Care Staff, Family Child Care, Group Family Child Care, Center Based Child Care, Legally Exempt

**Cost:** No cost

**Duration of support/service:** Varies

**Contact Information:** Child Care Council of Suffolk, Inc., Joan Rocchetta (631-462-0303)  
[jrocchetta@childcaresuffolk.org](mailto:jrocchetta@childcaresuffolk.org), [www.childcaresuffolk.org](http://www.childcaresuffolk.org)

**Counties:** Suffolk

**Audience:** Individual staff/leader, Child Care Staff, Family Child Care, Group Family Child Care, Center Based Child Care

**Cost:** Varies

**Duration of support/service:** Varies

**Contact Information:** ProAction/Child Care Aware of Steuben and Schuyler, Elizabeth Ryder, 607-776-2125 ex 7107, [rydere@proactioninc.org](mailto:rydere@proactioninc.org),  
[www.proactioninc.org/cc](http://www.proactioninc.org/cc)

**Counties:** Schuyler, Steuben

**Audience:** Individual staff/leader, Child Care Staff, Family Child Care, Group Family Child Care, Center Based Child Care

**Cost:** (Call for details)

**Duration of support/service:** 3 months-6 months (will re-evaluate need at the end of each coaching cycle).

**Contact Information:** Child Care Resource Network, Susan DiNatale, 716-877-6666 [sdinatale@wnychildren.org](mailto:sdinatale@wnychildren.org)  
[www.wnychildren.org](http://www.wnychildren.org)

**Counties:** Erie

**Audience:** Individual staff/leader, Child Care Staff, Family Child Care, Group Family Child Care, Center Based Child Care

**Cost:** Varies

**Duration of support/service:** Varies

**Contact Information:** Whole Child Connection at Children's Institute, Lynn Lubecki, 585-295-1000  
[llubecki@childrensinstitute.net](mailto:llubecki@childrensinstitute.net),  
<https://www.childrensinstitute.net/whole-child-connection>

**Counties:** All

**Duration of support/service:** Designed to be year-long, monthly sessions (2-3 hours each)

**Audience:** Individual staff/leader, Child Care Staff, Center Based Child Care

**Cost:** \$100/hour for consultation

**Duration of support/service:** Varies

## Pyramid Model Practice Based Coaching

The Pyramid Model for Supporting the Social and Emotional Competence of Infants and Young Children is focused on promoting the social and emotional development of infants and young children. The Pyramid Model Classroom Coach works with center-based teachers and family child care (FCC/GFCC) providers to support their implementation of Pyramid Model strategies to help reduce challenging behaviors and strengthen the social and emotional climate in the classroom or FCC. This service is offered in-person.

**Contact Information:** Find a Classroom/FCC Pyramid Model Coach near you using this link:

<http://www.nysecac.org/contact/pyramid-model>

**Counties:** All

**Audience:** Individual staff/leader, Child Care Staff, Family Child Care, Group Family Child care, Center Based Child Care

**Cost:** \$55 per hour

**Duration of support/service:** Coaching cycles are usually 6-8 weeks.



## Reflective Supervision

Reflective group supervision is a collaborative relationship for learning, self-exploration and discovery, recognized as a best practice across early childhood disciplines and child-serving systems as a process of shared contemplation and mindfulness aimed to help Infant/ early childhood practitioners: deepen understanding of self, clinical experiences and complexity; examine ideas and emotional material arising out of the work; tolerate a range of emotions, their own and their clients'; amplify reflective function and use of self; solve problems with perceptiveness and translate insights into practice. This service is offered in a virtual, in person and hybrid format.

**Contact Information:** New York Center for Child Development, Michael Brown (212-752-7575), Michael.brown@nyccd.org, <http://nyccd.org>

**Counties:** Dutchess, New York City

**Audience:** Small group (less than 24 participants), Individual staff/leader, Family Child Care, Group Family Child Care, Center Based Child Care, Legally Exempt

**Cost:** The cost of reflective supervision is \$275 per hour; the rate is pro-rated for longer sessions. Included in the cost is the reflective supervisor and access to readings and resources the supervisor providers.

**Duration of support/service:** Reflective supervision groups consist of 8-10 participants and can meet weekly, bi-monthly or monthly for 60,75 or 90 minutes.

**Contact Information:** New York State Association for Infant Mental Health, (518-366-4920)

[reachus@nysaimh.org](mailto:reachus@nysaimh.org), <https://www.nysaimh.org/>

**Counties:** All

**Audience:** Small group (less than 24 participants), Child Care Staff, Family Child Care, Group Family Child Care, Center Based Child Care, Legally Exempt

**Cost:** Varies

**Duration of support/service:** Varies

## Early Childhood Technical Assistance

CCR&R staff provide onsite technical assistance and support to early childhood programs, both family-based and center-based, on various social and emotional topics. This service is offered in virtual, hybrid and in person formats.

**Contact Information:** Child Care Council, Inc.  
Kristin Perrone, (585-654-4720)  
[k.perrone@childcarecouncil.com](mailto:k.perrone@childcarecouncil.com).  
[www.childcarecouncil.com](http://www.childcarecouncil.com)

**Counties:** Livingston, Monroe, Wayne

**Audience:** Individual staff/leader, Child Care Staff, Family Child Care, Group Family Child Care, Center Based Child Care

**Cost:** Free

**Duration of support/service:** varies

**Contact Information:** Family Enrichment Network,  
Jennifer Perney (607- 723-8313 ext. 872)  
[jperney@familyenrichment.org](mailto:jperney@familyenrichment.org)  
[www.familyenrichment.org](http://www.familyenrichment.org)

**Counties:** Broome, Chenango, Tioga

**Audience:** Large Group (more than 24 participants), Small group (less than 24 participants), Individual staff/leader, Child Care Staff, Family Child Care, Group Family Child Care, Center Based Child Care, Legally Exempt

**Cost:** No cost

**Duration of support/service:** varies

**Contact Information:** Child Care Resource Network,  
Susan DiNatale, 716-877-6666  
[sdinatale@wnychildren.org](mailto:sdinatale@wnychildren.org), [www.wnychildren.org](http://www.wnychildren.org)

**Counties:** Erie

**Audience:** Individual staff/leader, Child Care Staff, Family Child Care, Group Family Child care, Center Based Child Care, Legally Exempt

**Cost:** varies

**Duration of support/service:** varies

**Contact Information:** Child Care Council of Suffolk, Inc.  
Joan Rocchetta (631-462-0303)  
[jrocchetta@childcaresuffolk.org](mailto:jrocchetta@childcaresuffolk.org),  
[www.childcaresuffolk.org](http://www.childcaresuffolk.org)

**Counties:** Suffolk

**Audience:** Individual staff/leader, Child Care Staff, Family Child Care, Group Family Child care, Center Based Child Care, Legally Exempt

**Cost:** Varies

**Duration of support/service:** Varies

**Contact Information:** ProAction/Child Care Aware of Steuben and Schuyler, Elizabeth Ryder, 607-776-2125 ex 7107, [rydere@proactioninc.org](mailto:rydere@proactioninc.org),  
[www.proactioninc.org/ccca](http://www.proactioninc.org/ccca)

**Counties:** Schuyler, Steuben

**Audience:** Individual staff/leader, Child Care Staff, Family Child Care, Group Family Child Care, Center Based Child Care

**Cost:** No Cost

**Duration of support/service:** varies

**Contact Information:** Child Care Council of Nassau, Inc., (516-358-9250), Alissa Repetti (ext. 131) or Dawn Daniello (ext. 129)  
[arepetti@childcarenassau.org](mailto:arepetti@childcarenassau.org) or  
[ddaniello@childcarenassau.org](mailto:ddaniello@childcarenassau.org)  
[www.childcarenassau.org](http://www.childcarenassau.org)

**Counties:** Nassau

**Audience:** Individual staff/leader, Child Care Staff, Family Child Care, Group Family Child care, Center Based Child Care, Legally Exempt

**Cost:** varies

**Duration of support/service:** varies

## Training

### Adverse Childhood Experiences (ACEs) 101 Training

This training aims to broaden providers' understanding of ACEs and their impact on young children, their families, and the field of early childhood education. The ACEs 101 training is the foundational training in which providers will learn the basic brain science surrounding the ACEs research. In later training, providers apply this knowledge and gain practical strategies for trauma informed practice in early childhood education and care. This training is offered in a virtual, in person and hybrid format. These trainings are entered and approved by Aspire and also approved for the Educational Incentive Program.

**Contact Information:** ProAction/Child Care Aware of Steuben and Schuyler, Elizabeth Ryder, (607-776-2125 ex 710) rydere@proactioninc.org  
www.proactioninc.org/cc

**Counties:** Schuyler, Steuben

**Audience** Small group (less than 24 participants), Individual staff/leader, Child Care Staff, Family Child Care, Group Family Child Care, Center Based Child Care, Legally Exempt, School Age

**Cost:** \$105 per training

**Duration of support/service:** 3 hours

**Contact Information:** Family Enrichment Network, Jennifer Perney (607- 723-8313 ext. 872)  
jperney@familyenrichment.org,  
www.familyenrichment.org

**Counties:** Broome, Chenango, Tioga

**Audience:** Large Group (more than 24 participants), Small group (less than 24 participants), Individual staff/leader, Child Care Staff, Family Child Care, Group Family Child Care, Center Based Child Care, Legally Exempt

**Cost:** Training by credentialed trainer is \$35 per hour. Scholarships available for child care community.

**Duration of support/service:** varies

**Contact Information:** Child Care Council of Nassau, Inc.  
Alissa Repetti, (516-358-9250 x131),  
arepetti@childcarenassau.org, www.childcarenassau.org

**Counties:** Nassau

**Audience:** Large Group (more than 24 participants), Small group (less than 24 participants), Child Care Staff, Family Child Care, Group Family Child Care, Center Based Child Care, Legally Exempt

**Cost:** \$35 per hour per participant (Member discounts are available)

**Duration of support/service:** 2-3 hours

**Contact Information:** Child Care Council of Suffolk, Inc., Joan Rocchetta (631-462-0303)  
jrochetta@childcaresuffolk.org,  
www.childcaresuffolk.org

**Counties:** Suffolk

**Audience:** Large Group (more than 24 participants), Small group (less than 24 participants), Individual staff/leader, Child Care Staff, Family Child Care, Group Family Child Care, Center Based Child Care, Legally Exempt

**Cost:** \$35 per hour per participant (Member discounts are available)

**Duration of support/service:** 2 hours

**Contact Information:** Child Care Council, Inc.  
Kristin Perrone, (585-654-4720)  
k.perrone@childcarecouncil.com.  
www.childcarecouncil.com

**Counties:** Livingston, Monroe, Wayne

**Audience:** Individual staff/leader, Child Care Staff, Family Child Care, Group Family Child Care, Center Based Child Care

**Cost:** \$35 per hour

**Duration of support/service:** varies

**Contact Information:** Child Care Resource Network, Susan DiNatale, 716-877-6666  
sdinatale@wnychildren.org www.wnychildren.org

**Counties:** Erie

**Audience:** Individual staff/leader, Child Care Staff, Family Child Care, Group Family Child Care, Center Based Child Care

**Cost:** varies

**Duration of support/service:** varies

## Early Childhood Trauma Informed and Social Emotional Trainings

Trainings on how to apply a trauma-informed lens to social and emotional learning practices, social-emotional development, resiliency, FLIP IT Transforming Challenging Behavior, Conscious Discipline, and other behavior management techniques.

**Contact Information:** NYS-AIMH, [reachus@nysaimh.org](mailto:reachus@nysaimh.org), <https://www.nysaimh.org/iecmh-basics-info/>

**Counties:** All

**Audience:** Audience: Large Group (more than 24 participants), Small group (less than 24 participants), Individual staff/leader, Child Care Staff, Family Child Care, Group Family Child Care, Center Based Child Care, Legally Exempt

**Cost:** Varies

**Duration of support/service:** Varies depending on course

**Aspire?** Yes

**Accepts EIP?** Yes

**Contact Information:** Family Enrichment Network  
Jennifer Perney (607- 723-8313 ext. 872)

[jperney@familyenrichment.org](mailto:jperney@familyenrichment.org),  
[www.familyenrichment.org](http://www.familyenrichment.org)

**Counties:** Broome, Chenango, Tioga

**Audience:** Large Group (more than 24 participants), Small group (less than 24 participants), Individual staff/leader, Child Care Staff, Family Child Care, Group Family Child Care, Center Based Child Care, Legally Exempt

**Cost:** Training by credentialed trainer is \$35/hour. Scholarships available for child care community.

**Duration of support/service:** Varies

**Aspire?** Yes

**Accepts by EIP?** Yes

**Contact Information:** Rose Shufelt (585-654-4720)

[r.shufelt@childcarecouncil.com](mailto:r.shufelt@childcarecouncil.com)

Child Care Council, Inc. [www.childcarecouncil.com](http://www.childcarecouncil.com)

**Counties:** Livingston, Monroe, Wayne

**Audience:** Large Group (more than 24 participants), Small group (less than 24 participants), Child Care Staff, Family Child Care, Group Family Child Care, Center Based Child Care, Legally Exempt

**Cost:** Varies

**Duration of support/service:** Varies (1-3 hours)

**Aspire?** Yes

**Accepts EIP?** Yes

**Contact Information:** Child Care Resource Network, Kim Puma, 716-877-6666 [kpuma@wnychildrens.org](mailto:kpuma@wnychildrens.org), [www.wnychildren.org](http://www.wnychildren.org)

**Counties:** Allegany, Cattaraugus, Chautauqua, Erie, Niagara, Orleans, Wyoming

**Audience:** Large Group (more than 24 participants), Small group (less than 24 participants), Parents/guardians, Child Care Staff, Family Child Care, Group Family Child care, Center Based Child Care, Legally Exempt

**Cost:** Varies

**Duration of support/service:** Varies

**Aspire?** Yes

**Accepts by EIP?** Yes

**Contact Information:** Whole Child Connection at Children's Institute, Andrea Bertucci, (585-295-1000), [abertucci@childrensinstitute.net](mailto:abertucci@childrensinstitute.net).

<https://www.childrensinstitute.net/whole-child-connection>

**Counties:** All

**Audience:** Small group (less than 24 participants), Child Care Staff, Center Based Child Care

**Cost:** \$600 per training

**Duration of support/service:** Duration is 30 minutes

**Aspire?** No

**Accepts by EIP?** No

## Healthy Sexual Development

This multi-modal training, created by Prevent Child Abuse NY, focuses on supporting the development of healthy relationships and secure attachments - the prerequisites for healthy sexual development. As this training is designed for infant and toddler providers, the training primarily targets the actions of caregivers and their interactions with infants and toddlers - how those actions and interactions affect healthy relationship development.

The training strives to shift the perspective of caregivers to help deepen an understanding of respectful relationships with the children in their care and takes time to build skills in this area.

**Contact Information:** Child Care Council of Suffolk, Inc.

Joan Rocchetta (631-462-0303),  
[jrocchetta@childcaresuffolk.org](mailto:jrocchetta@childcaresuffolk.org),  
[www.childcaresuffolk.org](http://www.childcaresuffolk.org)

**Counties:** Suffolk

**Audience:** Large Group (more than 24 participants), Small group (less than 24 participants), Individual staff/leader, Child Care Staff, Family Child Care, Group Family Child care, Center Based Child Care, Legally Exempt

**Cost:** \$35 per hour per person, group rates available.

**Duration of support/service:** 3-hour session can be broken down into 2 sessions.

**Aspire?** Yes

**Accepts EIP?** Yes

**Contact Information:** Child Care Council, Inc.

Kristin Perrone, (585-654-4720)  
[k.perrone@childcarecouncil.com](mailto:k.perrone@childcarecouncil.com),  
[www.childcarecouncil.com](http://www.childcarecouncil.com)

**Counties:** Livingston, Monroe, Wayne

**Audience:** Individual staff/leader, Child Care Staff, Family Child Care, Group Family Child Care, Center Based Child Care

**Cost:** \$35 per hour

**Duration of support/service:** varies

**Aspire?** Yes

**Accepts EIP?** Yes

**Contact Information:** ProAction/Child Care Aware of

Steuben and Schuyler, Elizabeth Ryder, 607-776-2125 ex 7107, [rydere@proactioninc.org](mailto:rydere@proactioninc.org), [www.proactioninc.org/cca](http://www.proactioninc.org/cca)

**Counties:** Schuyler, Steuben

**Audience:** Small Group (24 or less) Individual staff/leader, Child Care Staff, Family Child Care, Group Family Child Care, Center Based Child Care

**Cost:** \$30-\$35 per hour, per person and group rates available

**Duration of support/service:** 3 hour session

**Aspire?** Yes

**Accepts EIP:** Yes

**Contact Information:** Child Care Resource Network, Kim

Puma, 716-877-6666 [kpuma@wnychildren.org](mailto:kpuma@wnychildren.org)  
[www.wnychildren.org](http://www.wnychildren.org)

**Counties:** Allegany, Cattaraugus, Chautauqua, Erie, Niagara, Orleans, Genesee, Wyoming, Allegany

**Audience:** Individual staff/leader, Child Care Staff, Family Child Care, Group Family Child Care, Center Based Child Care

**Duration of support/service:** 3-hour session can be broken down into 2 sessions.

**Aspire?** Yes

**Accepts EIP?** Yes

## Program for Infant Toddler Caregiving (PITC)

Program for Infant/Toddler Care (PITC), created by WestEd, is a relationship-based approach to caring for infants and toddlers premised on the belief that responsive, respectful care in a relationship is key for supporting early learning, rather than developing lessons for infants to master. By implementing PITC, child care providers learn to find ways to allow for, expand, adapt, and encourage infants' efforts, while being responsive to the infants' own learning agenda. There are six unique program topics: Primary Care, Small Groups, Continuity of Care, Individualized Care, Culturally Responsive Care, and Inclusive Care. All of these topics help to respect that each child is unique and has their own diverse culture, lifestyle, preferences, ability, learning style and needs. For more information, please visit: <https://www.pitc.org/>

**Contact Information:** Child Care Council of Suffolk, Inc.

Joan Rocchetta (631-462-0303),  
[jrochetta@childcaresuffolk.org](mailto:jrochetta@childcaresuffolk.org),  
[www.childcaresuffolk.org](http://www.childcaresuffolk.org)

**Counties:** Suffolk

**Audience:** Large Group (more than 24 participants), Small group (less than 24 participants), Individual staff/leader, Child Care Staff, Family Child Care, Group Family Child care, Center Based Child Care, Legally Exempt

**Cost:** \$35 per hour per person, group rates available.

**Duration of support/service:** 2-hour sessions can be taken individually or as part of a 6-week series. Offered in English or Spanish.

**Aspire?** Yes

**Accepts EIP?** Yes

**Contact Information:** Child Care Council of Nassau, Inc.,

(516-358-9250), Alissa Repetti (ext. 131) or Dawn Daniello (ext. 129, [arepetti@childcarenassau.org](mailto:arepetti@childcarenassau.org) or [ddaniello@childcarenassau.org](mailto:ddaniello@childcarenassau.org) [www.childcarenassau.org](http://www.childcarenassau.org)

**Counties:** Nassau

**Audience:** Large Group (more than 24 participants), Small group (less than 24 participants), Child Care Staff, Family Child Care, Group Family Child Care, Center Based Child Care, Legally Exempt

**Duration of support/service:** varies

**Aspire?** Yes

**Accepts EIP?** Yes

**Cost:** varies

**Contact Information:** Child Care Council, Inc.

Kristin Perrone, (585-654-4720)  
[k.perrone@childcarecouncil.com](mailto:k.perrone@childcarecouncil.com),  
[www.childcarecouncil.com](http://www.childcarecouncil.com)

**Counties:** Livingston, Monroe, Wayne

**Audience:** Individual staff/leader, Child Care Staff, Family Child Care, Group Family Child Care, Center Based Child Care

**Cost:** \$35 per hour

**Duration of support/service:** varies

**Aspire?** Yes

**Accepts EIP?** Yes

**Contact Information:** Child Care Resource Network,

Kim Puma, 716-877-6666 [kpuma@wnychildren.org](mailto:kpuma@wnychildren.org)  
[www.wnychildren.org](http://www.wnychildren.org)

**Counties:** Allegany, Cattaraugus, Chautauqua, Erie, Niagara, Orleans, Genesee, Wyoming, Allegany

**Audience:** Individual staff/leader, Child Care Staff, Family Child Care, Group Family Child Care, Center Based Child Care

**Cost:** varies

**Duration of support/service:** varies

**Aspire?** Yes

**Accepts EIP?** Yes

## Pyramid Model Module Training

Training and Coaching services are provided to support early childhood classrooms and programs with implementation. This training includes:

- Infant and Toddler Modules 1, 2, 3,
- Preschool Modules 1,2,3,
- Positive Solutions for Families (6 workshops for parents),
- Parents Interacting with Infants (for home visitors and others who work with parents)
- Family Child Care Modules.

**Contact Information:** New York State Pyramid Model <http://www.nysecac.org/contact/pyramid-model> (you can find a Pyramid Model Master Cadre trainer near you, or search on Aspire using key word **Pyramid.**)

**Email:** [nyspyramidmodel@gmail.com](mailto:nyspyramidmodel@gmail.com)

**Counties:** All

**Audience:** Large Group (more than 24 participants), Small group (less than 24 participants), Individual staff/leader, Parents/guardians, Child Care Staff, Family Child Care, Group Family Child care, Center Based Child Care, Legally Exempt

**Cost:** Free until 2022

**Duration of support/service:** 7 hours for each module

**Aspire?** Yes

**Accepts EIP?** Yes

## Early Childhood Mental Health Training

Trainings for parents, caregivers, teachers, and child care providers on topics related to early childhood development, recognizing and addressing social-emotional concerns, supporting and engaging families, behavior management, learning differences and support strategies, trauma, and communication and collaboration across early childhood settings. Through a variety of instructional methodologies, trainings are focused on improving content knowledge and skill in the understanding of early childhood development with an emphasis on social-emotional functioning and early childhood mental health.

**Contact Information:** New York Center for Child Development, Cheryl Gelber (212-752-7575), [cheryl.gelber@nyccd.org](mailto:cheryl.gelber@nyccd.org), <http://nyccd.org>

**Counties:** All

**Audience:** Large Group (more than 24 participants), Small group (less than 24 participants), Individual staff/leader, Parents/guardians, Child Care Staff, Family Child Care, Group Family Child care, Center Based Child Care, Legally Exempt

**Cost:** The starting cost for trainings is \$275 per hour, dependent upon the scope of training and credentials of the trainer. All materials are included in the cost. There is an additional fee of \$175 per hour for preparation of any customized trainings. In-person trainings outside of New York City will require travel expense reimbursement. Larger trainings for broader audiences with national experts will be negotiated on an individualized basis.

**Duration of support/service:** Varies

**Aspire?** No

**Accepts EIP?** No

## NYS-Association of Infant Mental Health (NYS-AIMH) Infant and Early Childhood Mental Health Basics Course

The Infant and Early Childhood Mental Health (IECMH) Basics course features 3 distinct tracks. The first track is for everyone who works with or on behalf of very young children, their families and caregivers. This track covers an overview on IECMH, such as the definition, typical infant development, attachment, trauma and best practice principles. Track 2 is for anyone who supports the workforce such as a coach, consultant, supervisor or administrator, and prerequisites include taking track 1. This track reviews how to build IECMH-informed practices, what is needed to sustain strong and safe reflective practices, and what can be barriers of this practice. Track 3 is also offered to supervisors, coaches, and administrators who want to grow and share their reflective practices in a small group that is guided and facilitated by a NYS-AIMH Endorsed Mentor-Clinical professional. This track meets about 2 hours each month and requires approval from NYS-AIMH.

**Contact Information:** NYS-AIMH, [reachus@nysaimh.org](mailto:reachus@nysaimh.org), <https://www.nysaimh.org/iecmh-basics-info/>

**Counties:** All

**Audience:** All (see website for more information about the distinct tracks)

**Cost:** Varies

**Duration of support/service:** Varies depending on course

**Aspire?** Yes

**Accepts EIP?** Yes



## Strengthening Families Protective Factors Training

The Strengthening Families Protective Factors Framework includes the following five protective factors: Parental Resilience, Social Connections, Knowledge of Parenting and Child Development, Concrete Support in Times of Need, Social and Emotional Competence of Children. It is a research-informed, strength-based approach that prevents child abuse and neglect by focusing on the well-being of all families and helping families identify and build on their own protective factors. If you are interested in protective factors training, you can use the Aspire Registry to sign up.

**Contact Information:** Prevent Child Abuse NY, Tamae Memole, Director of Program Development, [tmemole@preventchildabuseny.org](mailto:tmemole@preventchildabuseny.org)

**Counties:** All

**Audience:** Large Group (more than 24 participants), Small group (less than 24 participants), Child Care Staff, Family Child Care, Group Family Child Care, Center Based Child Care, Legally Exempt

**Cost:** Varies

**Duration of support/service:** Varies

## Trauma-Responsive Care and Training

Mt. Hope Family Center provides mental health treatment, training, and reflective supervision. These services can be offered virtually, in-person and in a hybrid model.

**Contact Information:** Mt. Hope Family Center/University of Rochester, Jody Manly, Ph.D. (585- 275-2991), <https://www.psych.rochester.edu/MHFC/>

**Counties:** Monroe

**Audience:** Large Group (more than 24 participants), Small group (less than 24 participants), Individual staff/leader, Parents/guardians, Child Care Staff, Family Child Care, Group Family Child Care, Center Based Child Care, Legally Exempt

**Cost:** Costs vary by type of service, with approximately \$375 per hour estimated costs; coverage by grant support is pending so that this training would be at no cost to participants.

**Duration of support/service:** Varies

## Other

### NYS-AIMH Endorsement

The intent of the NYS-AIMH Endorsement is to recognize and document the development of infant and family professionals within an organized system of culturally sensitive, relationship-based, Infant Mental Health learning and work experiences.

NYS-AIMH offers different levels of endorsement. Endorsement by NYS-AIMH verifies that an applicant has attained the level of education required, participated in specialized continuing education and in-service trainings, engaged in professional work related to infants and toddlers, obtained reflective supervision/consultation from mentors or supervisors, and acquired knowledge to promote the delivery of high quality, culturally sensitive, relationship-based services to infants, toddlers, families and other caregivers. This endorsement is available online, with open office hours to ask questions about pursuing the endorsement.

**Contact Information:** NYS-AIMH, [reachus@nysaimh.org](mailto:reachus@nysaimh.org), <https://www.nysaimh.org/iecmh-basics-info/>

**Counties:** All

**Audience:** All (see website for the different types of endorsements)

**Cost:** Varies

**Duration of support/service:** Varies

### Consultation

Reflective supervision, and programmatic, class and child-focused consultation to early childhood education and child care programs. Services are offered in a hybrid format.

**Contact Information:** Children's Institute, Lauri Strano (585-295-1000 #229), [lstrano@childrensinstitute.net](mailto:lstrano@childrensinstitute.net), <https://www.childrensinstitute.net/>

**Counties:** Monroe

**Audience:** Large Group (more than 24 participants), Small group (less than 24 participants), Individual staff/leader, Parents/guardians, Child Care Staff, Center Based Child Care

**Cost:** Free to participants

**Duration of support/service:** Weekly visits to programs during school year with some contacts during summer; hours depend on program needs.