

# Gratitude Sentence Prompts

Use these prompts any time to inspire reflection around things we sometimes take for granted. Encourage discussion, sharing, support, appreciation, and acknowledgement.

One person (adult) that I am grateful for is . . .	One fun thing that I am grateful for is . . .
One food that I am grateful for is . . .	One inside thing that I am grateful for is . . .
One outside thing that I am grateful for is . . .	One skill/talent I have that I am grateful for is . . .
One tradition that I am grateful for is . . .	One memory that I am grateful for is . . .
One friend that I am grateful for is . . .	One thing in my home that I am grateful for is . . .