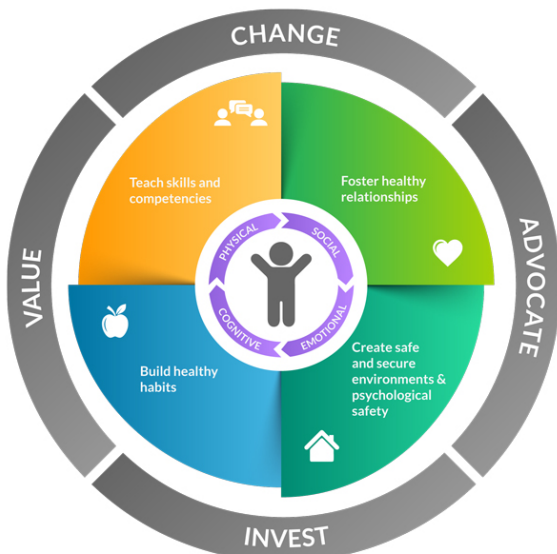




Training, Resources & Coaching
C E N T E R

Community Partners for Whole Child Health

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Introduction

TRACC (Training, Resources and Coaching Center) is a 13 agency collaborative, focused on whole child health, and supporting child serving organizations, with an emphasis on those serving children ages 0 to 8. Our services prepare and support those who work with children to make sure children are developmentally on track from birth on.

- We provide resources, training, coaching and consultation, with an emphasis on building sustainable relationships with child serving organizations, including early education centers, schools, out-of-school time service providers, health and other human service providers.
- TRACC's partners are experts in different areas of whole child health including physical, cognitive, social, and emotional well-being, and across different sectors such as early childhood education, K-12 education, out-of-school time, health care, mental health & trauma-informed care.

What is Whole Child Health?

The whole child health model focuses on all areas of health including, but not limited to, physical, cognitive, social and emotional by:

- Fostering healthy relationships
- Creating safe and secure environments & psychological safety
- Building healthy habits
- Teaching skills and competencies

Research has shown that the most effective way to encourage healthy, on-track development for children is by supporting all facets of a child's development across settings: at home, in school, afterschool and across developmental domains: cognitive, physical, social, and emotional.

TRACC collaborates with a wider range of child serving organizations in their efforts to ensure all children are developmentally on track for learning and life.