Motor Skills Worksheet (12-18 Months)

Child’s Name: _____________________________________________ DOB: _____/_____/_____ Age: ____
Screening Site: _____________________________________________ Date of Screening: _____/_____/_____ 

Gross Motor Skills: 12-18 months  OT  F  Refer

☐ Creeps on hands and knees independently, good posture, smooth movements
☐ Walks independently by 16 months/emerging fast walk
☐ Engages in active movement with toys and caregivers
☐ Watches and imitates movements and actions
☐ Moves between a variety of play positions
☐ Uses both sides of the body, upright posture
☐ Visually tracks caregiver/toys
☐ Positive eye contact with caregiver

Red Flags for Gross Motor Development (12-18 months)

☐ Body/movements appear stiff or floppy
☐ Not creeping or moving from laying down to sitting independently
☐ Not pulling to stand by 12-16 months
☐ Not walking independently by 16 months
☐ No intentional active play, minimal engagement
☐ Uses limited play positions or dependent on caregiver to try new positions or go to toys
☐ Prefers to sit in a w-sit (sitting with the inside of the thighs in contact with the ground) or sits in wide straddle slumped backward
☐ Poor strength or endurance, cries to be carried often

Observations:
Fine Motor / Sensory Skills: 12-18 months

☐ Attends to play with caregiver
☐ Seeks adult assistance
☐ Points to pictures in books
☐ Builds a tower using two blocks
☐ Bangs toys together with both hands
☐ Uses hands together to hold a toy at the middle of body
☐ Scribbles with a crayon
☐ Tolerates messy play
☐ Holds own cup and drink and feeds themselves; may use their hands
☐ Beginning to participate in dressing/undressing

Red Flags for Fine Motor Development (12-18 months)

☐ Movements seem shaky or stiff
☐ Not actively holding bottle or sip cup
☐ Not participating in feeding self
☐ Becomes excessively upset with change in routine, requires significant adult support to calm
☐ Strong response to messy textures or sights/sounds
☐ Not using a pincer grasp (thumb and pointer finger) to pick up small objects
☐ Not pointing at things using his pointer finger (e.g. pictures in a book)
☐ Not putting things into containers
☐ Not using use both hands during play

Observations: