



Motor Skills Worksheet (12-18 Months)

Child's Name: _____ DOB: ____/____/____ Age: ____

Screening Site: _____ Date of Screening: ____/____/____

Gross Motor Skills: 12-18 months

OT F Refer

- Creeps on hands and knees independently, good posture, smooth movements
- Walks independently by 16 months/emerging fast walk
- Engages in active movement with toys and caregivers
- Watches and imitates movements and actions
- Moves between a variety of play positions
- Uses both sides of the body, upright posture
- Visually tracks caregiver/toys
- Positive eye contact with caregiver

Red Flags for Gross Motor Development (12-18 months)

- Body/movements appear stiff or floppy
- Not creeping or moving from laying down to sitting independently
- Not pulling to stand by 12-16 months
- Not walking independently by 16 months
- No intentional active play, minimal engagement
- Uses limited play positions or dependent on caregiver to try new positions or go to toys
- Prefers to sit in a w-sit (sitting with the inside of the thighs in contact with the ground) or sits in wide straddle slumped backward
- Poor strength or endurance, cries to be carried often

Observations:

Fine Motor / Sensory Skills: 12-18 months

OT F Refer

- Attends to play with caregiver
- Seeks adult assistance
- Points to pictures in books
- Builds a tower using two blocks
- Bangs toys together with both hands
- Uses hands together to hold a toy at the middle of body
- Scribbles with a crayon
- Tolerates messy play
- Holds own cup and drink and feeds themselves; may use their hands
- Beginning to participate in dressing/undressing

Red Flags for Fine Motor Development (12-18 months)

- Movements seem shaky or stiff
- Not actively holding bottle or sip cup
- Not participating in feeding self
- Becomes excessively upset with change in routine, requires significant adult support to calm
- Strong response to messy textures or sights/sounds
- Not using a pincer grasp (thumb and pointer finger) to pick up small objects
- Not pointing at things using his pointer finger (e.g. pictures in a book)
- Not putting things into containers
- Not using use both hands during play

Observations: