Motor Skills Worksheet (18-24 Months)

Child’s Name: _____________________________________________ DOB: _____/_____/_____ Age: _____

Screening Site: ___________________________________________ Date of Screening: _____/_____/_____

Gross Motor Skills: 18-24 months

☐ Walks easily, minimal falls
☐ Transitions easily between a wide variety of play positions
☐ Sustains squat to play, can crouch and return to standing easily
☐ Begins to jump with two feet
☐ Actively engages in play with adults and peers, examining, carrying, and manipulating toys
☐ Navigates around/over obstacles, manages climbing
☐ Will play ball with an adult, beginning to catch
☐ Attempts to kick
☐ Briefly stands on one foot
☐ Enjoys active play, on the go, and will try new elements happily; may need adult support

Red Flags for Gross Motor Development (18-24 months)

☐ Body/movements appear stiff or floppy
☐ Creeping primary mode of mobility; not walking or still cruising
☐ Uses limited variety of play positions, prefers stationary play
☐ Not attempting to jump
☐ Not actively engaging in ball play with caregivers or peers
☐ Avoids crowded situations
☐ Needs support to move from sitting or lying to standing
☐ Unable to maintain a squat position while playing
☐ Fearful of climbing or exploring, requires significant adult assistance

Observations:
Fine Motor / Sensory Skills: 18-24 months

- Uses both hands together/crossing midline
- Turns pages of a book, 2 or 3 at a time
- Scribbles
- Plays actively with caregivers in familiar games
- Starts to hold a crayon with his/her fingers, usually with his/her hand at the top of the crayon
- Puts large shapes into a shape sorter
- Working on feeding themselves independently (beginning to use utensils)
- Tolerates messy play
- Enjoys exploring textures and materials
- Anticipates routine and familiar activities
- Tolerates new tasks/experiences with support
- Food repertoire is increasing, tolerates a variety of textures

Red Flags for Fine Motor Development (18-24 months)

- Not interested in scribbling
- Uses only one hand/not crossing midline
- Cannot feed herself
- Minimal engagement in play with caregiver or peers
- Not participating in dressing
- Excessive mouthing, drooling
- Unable to calm once upset; head banging; minimal tolerance of transitions even with support of familiar CG
- Minimal food repertoire/eats only certain textures
- Dislikes hands being messy, gets quite upset
- Crashes into peers or obstacles, excessive seeking rough play

Observations: