

children's  
institute



STRENGTHENING SOCIAL AND  
EMOTIONAL HEALTH



# Rochester Area Parent Program 2020-2021 Summary

# RAPP Parent Feedback - ezParent

When asked “What would you tell other parents who are interested in joining ezParent?”

*“That ezParent has good information to help be a better you as a parent.”*

*“They should spend time to go through the modules because it is helpful.”*

“That this program is the best way to learn step by step what you need to know (to) give the best education to your child for the future.”

“This is the best program for parents. It will help you out extremely”

# RAPP Parent Feedback - ezParent

***“What was MOST helpful about ezParent...for changing child behavior”?*** 

How to develop  
rules and  
routines for my  
child

Practice the time out in public  
and ignore his misbehavior. I  
was so shy to do that with my  
child but I practice in a safe  
place and that working good

The  
videos

*The ideas that  
maybe a parent  
would have  
never thought  
of*

Everything

Making sure I say  
commands more  
clear and not make it  
a question

Praising  
and  
discipline

The logo for ezParent, featuring the text "ezParent" in a red and blue font with a blue swoosh over the "P".

ezParent

# 2020-2021 ezParent/RAPP Sites

## 12 ezParent groups

**Action for a Better Community (ABC) Head Start**  
- 3 groups

**Rochester City School District (RCSD)**  
– 4 groups

**Ibero American Action League (Ibero)**  
- 2 groups

**Rochester Childfirst Network (RCN)**  
– 2 groups

**Healthy Moms**  
- 1 group

The logo for the Rochester Area Parent Program (RAPP). It features a blue speech bubble with "RAPP" inside, a green leaf-like shape, and the text "Rochester Area Parent PROGRAM" in blue and green.

RAPP  
Rochester Area  
Parent  
PROGRAM

## Completed Rapp Groups

<b>Year RAPP Group Administered</b>	<b># of RAPP Groups Completed</b>	<b>Type of Group</b>
2017-2018	7	In-person
2018 - 2019	14	In-person
2019 – 2020 (as of 3/10/20)	17	In-Person
2020 – 2021	12	Digital-ezParent



## RAPP Attendance

<b>Year RAPP Group Administered</b>	<b>Number of Parents Attending RAPP Groups</b>
2017-2018	81
2018 - 2019	147
2019 – 2020 (as of 3/10/20)	168
2020 – 2021 (as of 5/26/21)	113
<b>TOTAL:</b>	<b>509</b>



## ezParent Attendance Rate

ezParent Administered	ezParent Attendance Rate
2020 – 2021 ezParent, 4 Zoom mtgs	81%
CPP ezParent Attendance Rate	85%

## ezParent Module Completion Rate

ezParent Administered by	ezParent Module Completion Rates
RAPP 2020 –2021 (n=113)	81%
Chicago Parent Program n=42	82%

## RAPP Improved Parental Confidence, Skills and Strategies

Year	End of Program Participant % Improved Parental Confidence, Skills and Strategies
2018 - 2019	89%
2019 – 2020	91%
2020 – 2021	93%

## Participants Reporting ezParent as Helpful at Program Completion

ezParent Administered by	% Parents Reporting ezParent as Helpful
RAPP 2020 – 2021 n= 47	93%
Chicago Parent Program n= 40	88%

Participants Who Would  
“Highly Recommend” ezParent to  
Another Parent



ezParent Administered by	% Parents Who Would Highly Recommend ezParent to Another Parent
RAPP 2020 – 2021 n=47	84%
Chicago Parent Program n= 40	82%