



As busy working parents, its hard to spend time looking for free parenting and family activities that can help us enrich our day-to-day lives. We are pleased to share information about two free community events that may be of interest to you. Enjoy!

A TASTE OF PARENT LEADERSHIP TRAINING INSTITUTE (PLTI)

Monday, May 7, 2012 • 5:30 - 7:00 p.m.

Downtown Presbyterian Church • 121 N. Fitzhugh, Rochester

(Free parking available across the street in the City Hall parking lot)

Dinner, child care for children ages 2-13, and transportation provided

The Parent Leadership Training Institute (PLTI) (www.GreaterRochesterPLTI.org) is a national family civics model, with a 30-year track record in providing parents the knowledge and tools of civic engagement to expand parental involvement in local decision-making. The PLTI course will start in September 2012 and will include:

- Becoming familiar with city, state, and federal law
- Understanding policy and municipal budgets
- Assessing and defining problems – thinking critically and public speaking
- Forming useful coalitions and building community
- Working with and engaging opposing sides

The results:

- Parents identify and complete a community project while they are in the class
- Parents expand the resources they can provide to schools, neighborhoods, and communities
- After the class ends, parent graduates continue to work on issues like neighborhood safety, improving academic outcomes, leadership development for children and youth, play areas, and parks and recreation

Who will be in PLTI?

- Parents and others who care for children – including Aunts and Uncles, Grandparents, and Foster Parents
- Parents who live in Rochester - Brighton, Irondequoit, Gates, Chili, and Greece
- Seeking broad diversity - age, income, education level, race and ethnicity, and ages of children

How?

- High quality curriculum at no cost to participants
- 3.5 hours 1 night a week, for 20 weeks
- Dinner, child care for children ages 2-13, and transportation provided
- On-going support for Alumni

Learn more, ask questions, and get the information you need by attending 'A Taste of PLTI'

Please RSVP by Thursday, May 3 to Carolyn at (585) 341-4345 or GreaterRochesterPLTI@gmail.com

Rochester City School District Health & Wellness Fair

Saturday, May 19, 2012 • 8:00 a.m. - 3:00 p.m.

East High School • 1801 East Main Street, Rochester

This event is open to students, parents, families, staff, and community members. The purpose of the Health & Wellness Fair is to create connections between organizations in Rochester and members of the Rochester City School District community in order to address and improve overall health and wellness which positively affects academic success. Organizations will share information with attendees as well as provide activities and presentations. A raffle will be held with great prizes for all ages!

For more information contact (585) 262-8364 or parentcenter@rcsdk12.org

Presented by the Youth Development and Family Services, Office of Parent Engagement and Teaching and Learning, Department of Health, and Physical Education and Athletics

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