Positive attention prevents or decreases the likelihood that challenging behavior will occur.

- Provide frequent positive attention throughout the day that is not dependent on your child doing anything.

Click here for strategies to use when playing with your child.

Make sure positive attention, such as hugging or playing with your child, is a regular part of your child’s day.

- Pair positive descriptive feedback with other things, like hugs or high-fives, to increase the likelihood of your child engaging in the desired behavior again.

- If bath time is difficult, provide extra positive attention prior to and during bath time.

- Provide extra positive attention before and during times that are difficult for your child before challenging behavior occurs.

"Let's play hide and seek together!"

"I would love to read that book to you!!"

"Super big hug for brushing your teeth!"

For more information on providing frequent positive attention, click here.