

Social Emotional Learning: Welcoming Ritual Prompts



Target Audience: Elementary, Middle, High School

Warm Welcomes establish safety and predictability, support contribution by all voices, set norms for respectful listening, allow people to connect with one another, and create a sense of belonging. To be successful they must be: carefully chosen, connected to the content/work of the day, engagingly facilitated, and thoughtfully debriefed.

*Disclaimer: One must consider student needs, classroom culture, relationships, etc. prior to the introduction on each activity. Modify accordingly.

Fun Facts Trivia

- <u>Supplies</u>: index cards/paper and pens, copies of trivia answer sheet
- <u>Purpose</u>: Get to know each other in a fun way, practice collaboration skills
- Process:
- 1. Day one: Ask everyone to write down a fun/interesting fact about themselves on the paper or index card. Let them know that this fun/interesting fact will be shared with the class.
- 2. Create a trivia game, using the fun facts.
- 3. Play trivia where small teams work together to try to identify the person who shared that fun/interesting fact. (link to trivia answer sheet)

• Modifications:

- Share 1-2 fun facts each day asking students to try to guess who shared each fun/interesting fact.
- Partner up with another class to give students a chance to get to know more students- make teams with two students from each class, use fun facts from both classes.

SEL Competencies: Self-awareness, Social Awareness, Relationship Skills

Like Me

- <u>Supplies</u>: None
- <u>Purpose</u>: Recognize sense of self within community; discover commonalities
- Process:
- 1. Prepare 'like me' statements in advance.
- 2. Ask people to stand when a statement that is read is true for them. For example, "Stand if you are like me and you like ice cream".
- 3. Remind students to look around to see who else is standing before reading the next statement.
- 4. Depending on time, ask for a little more information- "Can three people share their favorite ice cream flavor?"
- *Modification*: Ask students to share 'Stand if you are like me' statements

SEL Competencies: Self-awareness, Social Awareness, Relationship Skills

Daily Intentions

- Encourage students to set an intention for the day.
- This can be social, work/class related, academic etc.
- Prompts include...
 - This week I will (something they want to do)
 - This week I will (something they want to learn)
 - This week I will (something they want to accomplish
 - This week I will (something they want to try)
 - This week I will (something they want to complete)
 - This week I will challenge myself by ____

<u>SEL Competencies</u>: Self-awareness, Self-management, Responsible Decision-making

