EXECUTIVE SUMMARY:
HEALTHY MOMS: AN ASSESSMENT OF THE IMPACT OF A PRENATAL EDUCATION AND SUPPORT PROGRAM ON HEALTH AWARENESS AND PREGNANCY

KIMBERLY SEARL, B.A.
GUILLERMO MONTES, PH.D.
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EXECUTIVE SUMMARY

The goal of the current study was to evaluate the impact of The Healthy Moms program in three different areas:

1. Potential misconceptions about breastfeeding, pregnancy and raising children.
2. Social support, its impact on mental health and outlook on the future.
3. Program Satisfaction

Note: Reference T99-522.3
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