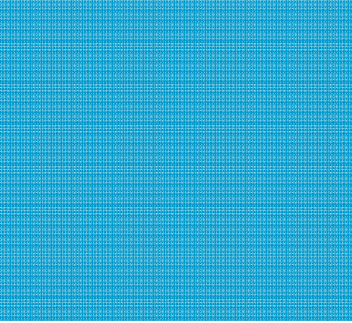


**EXECUTIVE SUMMARY:  
HEALTHY MOMS: AN ASSESSMENT OF THE IMPACT OF A  
PRENATAL EDUCATION AND SUPPORT PROGRAM ON  
HEALTH AWARENESS AND PREGNANCY**



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GUILLERMO MONTES, PH.D.  
APRIL, 1998

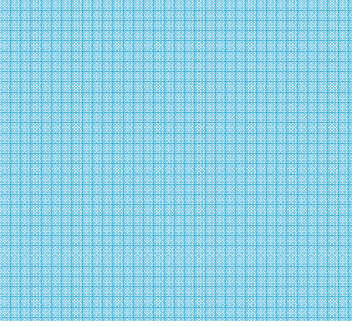


**children's institute**  
*Strengthening social and emotional health*



## EXECUTIVE SUMMARY

The goal of the current study was to evaluate the impact of The Healthy Moms program in three different areas:

1. Potential misconceptions about breastfeeding, pregnancy and raising children.
  2. Social support, its impact on mental health and outlook on the future.
  3. Program Satisfaction
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Note: Reference T99-522.3

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