



Whole Child CONNECTION

Training • Resources • Coaching

CHILDREN'S INSTITUTE
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Black History is Our History

Sharing resources that connect SEL to Black history

As you think about choosing Black history lessons, activities, literature, resources, etc, we challenge you to be thoughtful, intentional, and reflective. What is your purpose? Whose voices and experiences are you centering? What may the impact be on your learners, and in particular on your Black, multi-racial students? If you are not practicing self-awareness and social-awareness, you will, very likely, cause harm. Unintentional harm is still harm - and the impact matters much more than the intention.



Create a History Jar

Fill a jar full of strips of paper with the names of historical Black figures (past or present) and their accomplishments. Draw from the jar frequently. Expand this activity by including historical events. Be mindful to include all voices and moments in Black history. This includes activists, artists, authors, inventors, scientists, mathematicians and revolutionaries. At the end of the month, encourage students to “Guess that visionary” by giving clues based on lessons learned throughout previous weeks. Encourage students to keep a journal where they can reflect on what they learned and how they felt about what they learned. This activity can be modified to include other cultural historic figures and events.

SEL Skill: Self-Awareness, Social awareness.