BOOKS THAT SUPPORT SOCIAL AND EMOTIONAL LEARNING

All books are available through the Monroe County Library System, Barnes & Noble, and Amazon.com

**BOARD BOOKS (INFANTS AND TODDLERS)**

- I Love You to the Moon and Back by Abrams Appleseed
- Making Faces: A First Book of Emotions by Amelia Hepworth
- Little Monkey Calms Down (Hello Genius) by Michael Dahl

**PICTURE BOOKS (PRE-K AND UP)**

- The color monster: A Story About Emotions by Anna Llenas
- The Invisible Boy by Trudy Ludwig
- The Storyteller’s Candle by Lucia Gonzalez
- I Am Enough by Grace Byers

**PICTURE BOOKS (PRE-SCHOOL AND UP)**

- Breathe Like a Bear by Kira Willey
- Dog and Bear by Laura Vaccaro Seeger
- Have You Filled a Bucket Today? by Carol McCloud
- Jabari Jumps by Gaia Cornwall

*MORE BOOKS WE LOVE FOR OLDER KIDS AND PARENTS ON THE BACK!*
OLDER KIDS (7 and up)

*Shouting at the Rain* by Lynda Mullaly Hunt

*The World According to Humphrey* (Series) by Betty G. Birney

*Wonder* by R.J. Palacio

These are just a few examples of the many books that support social and emotional learning! For more resources and other book suggestions, search online, check with your child’s school library, your local library, or your favorite bookstores.

PARENT / FAMILY / CAREGIVER

*A Handful of Quiet: Happiness in Four Pebbles* by Thich Nhat Hanh

*Sitting Still Like a Frog: Mindfulness Exercises for Kids (and Their Parents)* by Eline Snel

*The Artful Parent: Simple Ways to Fill Your Family’s Life with Art and Creativity* by Jean Van’t Hul