

UNDERSTANDING WHAT HELPS CHILDREN



Since its inception, the mission of Children's Institute has been **to strengthen children's social and emotional health**. Through an understanding of child development, sound research, and evaluation, we develop and promote effective prevention and early intervention programs, materials, and best practices for children, families, schools, and communities. **By building bridges between theory and practice, we turn ideas into proven solutions and turn obstacles into opportunities for success for children and families.**

By working with teachers and other child-serving professionals, **we help children overcome life challenges and focus on the issues that impact the healthy development of families with young children** such as:

- High quality early care and education
- Adjustment to school and other life transitions
- Skill development for adaptive coping, organization, goal-setting, and self-control
- Effects of deployment on military families
- Coping with parental divorce

"The community relies on Children's Institute to put ideas into action."

—Jennifer Leonard, President and Executive Director,
Rochester Area Community Foundation

EXPERTS IN THE FIELD

Researchers and practitioners at Children's Institute are published in peer-reviewed journals such as *Pediatrics*, *Journal of Family Psychology*, *Ambulatory Pediatrics*, *Family Court Review*, *Journal of Developmental and Behavioral Pediatrics*, and *Early Childhood Research Quarterly*.

Children's Institute has been recognized by the National Mental Health Association, U.S. Department of Health and Human Services, Association of Family and Conciliation Courts, U.S. Department of Education, the Surgeon General of the United States, and The Community Foundation.

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EMOTIONAL HEALTH

The work of Children's Institute is funded through grants and private financial support. For information about partnering with us or to make a contribution, please contact us at:

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Children's Institute is affiliated with the University of Rochester

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*Improving the
lives of children,
families, and
communities*



PROVEN RESOURCES FOR SUCCESS



“It would be impossible to have made the progress that our community has for our children – our youngest citizens and most important legacy – without Children’s Institute. Their work here has tremendously benefitted our kids and has become nationally known and regarded. They are among our most important community assets.”

–Jeff Kaczorowski, M.D., Executive Director, The Children’s Agenda;
National Director, Community Health Training Initiative,
American Academy of Pediatrics



Children’s Institute improves children’s chances for success in school and in life and helps to build healthy families and communities in the greater Rochester NY area, and nationally.

RECAP, a community wide assessment for pre-k classrooms, has helped Rochester’s four-year-old children receive early education programs rated among the highest quality in the country. RECAP gathers and analyzes data on early childhood programs in order to promote informed decisions that improve programs, practices, and outcomes. RECAP is being replicated in communities across the region.

Primary Project uses play to address children’s school adjustment difficulties and increase their chances for success. Since it began in 1957, Primary Project has reached over 1,000,000 children throughout the nation. Today, schools use Primary Project to meet Response to Intervention mandates.

“My daughter is very shy and quiet. Primary Project lets her know that other adults can see what a special child she is. By the time the program ended, she was laughing and talking more.”

–Primary Project Parent

Pathways, our national early education and care accreditation system, helps child care centers improve and maintain the quality of their services to children and families. Child care center directors and staff receive the tools they need to meet 500 quality standards every year.

Social and Emotional Learning (SEL) is the foundation for a student’s successful school experience. Children’s Institute offers customized trainings to help educators meet the specific needs of their students. Learn more by visiting our website for a complete listing of training opportunities.

Teacher-Child Rating Scale (T-CRS 2.1) is a nationally normed, concise rating instrument that assesses four aspects of a child’s socio-emotional school adjustment: task orientation, behavior control, assertiveness, and peer

social skills. The T-CRS is one of many assessments developed by our research team. Visit our website for more assessments that can be used by parents and others who work with children.

The **COMET® Data Collection and Management System** developed by Children’s Institute and its technology partner, software developer SophiTEC, accumulates, stores, and organizes child data to help ensure positive outcomes for children and achieve programmatic excellence through continuous improvement. The COMET System receives high marks from its users.

For a complete listing of our programs and resources, please visit www.childrensinstitute.net.



“Evaluating our Blueprint for Change investments is vital – COMET provides real-time data to help us stay in sync with program providers and supports strategy evaluation.”

–Dawn Borgeest, Senior Vice President and Chief Corporate Affairs Officer,
United Way of Greater Rochester

A CENTER OF EXCELLENCE

Individuals who work with children routinely seek reliable information and assessments, high quality professional development, and programs to ensure their students’ success and turn to Children’s Institute – a center of excellence for the social and emotional health of children – to make their work with children more effective through the following services:

- Data collection, analysis, and evaluation services for the improvement of school programs, child care, and after school programming
- Design and implementation of evaluation programs and development of effective solutions based on information
- Evaluation and consultation services to help individuals and agencies evaluate programs so they may make informed decisions about how best to help children succeed
- Training and assistance in implementing evidence-based programs and practices